

Champions of Character
The Five Core Values
Quotes

Integrity

You can preach a better sermon with your life than with your lips.

— *Oliver Goldsmith, English author (1728-1774)*

Everyone thinks of changing the world, but no one thinks of changing himself.

— *Count Leo Tolstoy, Russian novelist (1828-1910)*

To be nobody-but-yourself—in a world which is doing its best, night and day, to make you everybody else—means to fight the hardest battle which any human being can fight; and never stop fighting.

— *e e cummings, poet, artist, playwright and novelist (1894-1962)*

Do what you want to do...But want to do what you are doing.

Be what you want to be...But want to be what you are.

— *Unknown*

Know thyself.

— *Inscription at the Oracle of Delphi in ancient Greece*

Be as you wish to seem.

— *Socrates, Greek philosopher (c. 470-399 B.C.)*

Be honorable yourself if you wish to associate with honorable people.

— *Welsh proverb*

It is better to be hated for what you are than to be loved for what you are not.

— *Andre Gide, French author (1869-1951)*

A man cannot be comfortable without his own approval.

— *Mark Twain (Samuel Clemens), American humorist, author and journalist (1835-1910)*

Whoever fights monsters should see to it that in the process he does not become a monster.

— *Friedrich Nietzsche, German philosopher (1844-1900)*

Ask yourself is it right or wrong and act accordingly.

-Otto Graham, Jr.

Responsibility

You can't escape the responsibility of tomorrow by evading it today.

— *Abraham Lincoln, 16th U.S. president (1809-1865)*

I am only one, but still, I am one. I cannot do everything but I can do something. And, because I cannot do everything, I will not refuse to do what I can.

— *Edward Everett Hale, American clergyman and writer (1822-1909)*

It is better to light a candle than to curse the darkness.

— *Chinese proverb*

Our duty is to be useful, not according to our desires, but according to our powers."

— *Henri F. Amiel, Swiss writer (1821-1881)*

The question for each man to settle is not what he would do if he had the means, time, influence and educational advantages, but what he will do with the things he has.

— *Hamilton Wright Mabee*

I long to accomplish some great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble.

— *Helen Keller, American social activist, public speaker and author (1880-1968)*

Each of us is affected by what happens to the other. Just as our movement interact on the field, so our lives interact to a certain degree. This is what is so great about being a member of a team.

-Eric Lund

Competitive sports are played mainly on a five-and-a-half inch court, the space between your ears.

-Bobby Jones

Respect

Never look down on anybody unless you're helping him up.

— *Jesse Jackson, American political activist and preacher*

Sports create a bond between contemporaries that lasts a lifetime. It also gives your life structure, discipline and a genuine, sincere, pure fulfillment that few other areas of endeavor provide.

--Bob Cousy

Thou shalt love thy neighbor as thyself.

— *Jesus (from the Bible, Matthew 22:39)*

The words you speak today should be soft and tender ... for tomorrow you may have to eat them.

— *Unknown*

I'm not concerned with your liking or disliking me... All I ask is that you respect me as a human being."

--*Jackie Robinson*

Men are respectable only as they respect

--*Ralph Waldo Emerson*

He who wants a rose must respect the thorn

--*Persian Proverb*

You should respect each other and refrain from disputes; you should not, like water and oil, repel each other, but should, like milk and water, mingle together

--*Buddha*

Respect your efforts, respect yourself. Self-respect leads to self-discipline. When you have both firmly under your belt, that's real power

--*Clint Eastwood*

The more honor and respect among the players, the greater the team

Sportsmanship

If it is a cliché to say athletics build character as well as muscle, then I subscribe to the cliché.

— *Gerald Ford, 38th President*

Sports gives your life structure, discipline, and a pure fulfillment that few other areas of endeavor provide.

— *Bob Cousy, basketball player*

One man practicing good sportsmanship is far better than 50 others preaching it.

— *Knute Rockne, football coach*

Football is like life. It teaches work, sacrifice, perseverance, competitive drive, selflessness, and respect for authority.

— *Vince Lombardi, football coach*

World War II was a must win.

— *Marv Levy, football coach*

Dictators lead through fear; good coaches do not.

— *John Wooden, basketball coach*

A good coach will make his players see what they can be rather than what they are.

— *Ara Parseghian, football coach*

I've missed more than 9,000 shots in my career, lost almost 300 games, missed the game-winning shot 26 times. I've failed over and over again in my life. That is why I succeed.

— *Michael Jordan, basketball player*

You miss 100 percent of the shots you never take.

- *Wayne Gretzky, hockey player*

The only way to prove you're a good sport is to lose.

- *Ernie Banks, baseball player*

It is your response to winning and losing that makes you a winner or a loser.

- *Harry Sheehy, athletic director*

Love never fails, character never quits, and dreams do come true.

- *Pete Maravich, basketball player*

Always imitate the behavior of the winner when you lose.

- *Anonymous*

In golf and in life, it's the follow-through that makes the difference.

- *Anonymous*

Never give up, never give in, and when the upper hand is ours, may we have the ability to handle the win with the dignity that we absorbed the loss.

-Doug Williams

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-Bob Cousy

Servant Leadership

Leadership is action, not position.

- *Donald H. McGannon, businessman*

Do not follow where the path may lead. Go instead where there is no path and leave a trail.

- *Unknown*

The final test of a leader is that he leaves behind him in other men the conviction and will to carry on.

- *Walter Lippmann, American journalist, author and public philosopher (1889-1974)*

Few men have virtue to withstand the highest bidder.

- *George Washington, American Founding Father and war hero, first U.S. president (1732-1799)*

Faced with crisis, the man of character falls back upon himself.

- *Charles DeGaulle, French general and president, founder of the Fifth Republic (1890-1970)*

You can only govern men by serving them.

- *Victor Cousin, French philosopher (1792-1867)*

How far would Moses have gone if he had taken a poll in Egypt?

- *Harry S. Truman, 33rd American president (1884-1972)*

Sports serve society by providing vivid examples of excellence.

- *George F. Will*

You can't live a perfect day without doing something for someone who will never be able to repay you.

- *John Wooden*

He who stops being better stops being good.

- *Oliver Cromwell*

It is a rough road that leads to the heights of greatness.

- *Seneca*

Adversity causes some men to break; others to break records.

- *William A. Ward*

Try not to become a man of success, but rather try to become a man of value.

- *Albert Einstein*

If you don't set a baseline standard for what you'll accept in life, you'll find it's easy to slip into behaviors and attitudes or a quality of life that's far below what you deserve.

-Anthony Robbins

Character

Character is that which reveals moral purpose, exposing the class of things a man chooses and avoids.

---*ARISTOTLE (c. 384 - c. 322 BC) Greek philosopher*

Character is power.

-*Booker T. Washington, American educator (1856-1915)*

The function of education is to teach one to think intensively and to think critically...

Intelligence plus character - that is the goal of true education.

--- *MARTIN LUTHER KING, JR. (1929-1968) Civil Rights leader*

Most people say that it is the intellect which makes a great scientist. They are wrong: it is character.

— *Albert Einstein, Swiss-American mathematician, physicist and public philosopher (1879-1955)*

Character, in the long run, is the decisive factor in the life of an individual and of nations alike.

— *Theodore Roosevelt, American adventurer and 26th president (1858-1919)*

Character, not circumstance, makes the person.

— *Booker T. Washington, American educator and civil rights activist (1856-1915)*

What lies behind us and what lies before us are small matters compared to what lies within us.

— *Ralph Waldo Emerson, American essayist, philosopher and poet (1803-1882)*

To exercise good character daily is to be morally fit for life.

— *Karen Hartz, CC! coordinator, CHARACTER COUNTS! in Caroline County*

Why are we surprised when fig trees bear figs?

— *Margaret Titzel*

Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing.

— *Abraham Lincoln, 16th U.S. president (1809-1865)*

What a man's mind can create, man's character can control.

— *Attributed to Thomas Edison, American inventor (1847-1931)*

Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved.

— *Helen Keller, American social activist, public speaker and author (1880-1968)*

Intelligence plus character – that is the goal of true education.

— *Martin Luther King Jr., American civil rights leader (1929-1968)*

The proper time to influence the character of a child is about a hundred years before he's born.

— *William R. Inge, American playwright (1913-1973)*

If we want our children to possess the traits of character we most admire, we need to teach them what those traits are and why they deserve both admiration and allegiance. Children must learn to identify the forms and content of those traits.

— *William J. Bennett, author and former U.S. Secretary of Education (b. 1943)*

Conviction is worthless unless it is converted into conduct.

— *Thomas Carlyle, Scottish historian and author (1795-1881)*

Character is much easier kept than recovered.

— *Thomas Paine, British-born American political activist (1737-1809)*

Every man has three characters: that which he shows, that which he has, and that which he thinks he has.

— *Alphonse Karr, French journalist (1808-1890)*

Character is simply habit long continued.

— *Plutarch, Greek biographer (47-120 A.D.)*

One can acquire everything in solitude — except character.

— *Henri Stendahl, French novelist (1783-1842)*

The force of character is cumulative.

— *Ralph Waldo Emerson, American essayist, philosopher and poet (1803-1882)*